## CONSTRUCTIVE Building for a new way of living - Medium

GUY MARRIAGE – FNZIA ARCHITECT – FIRST LIGHT STUDIO ACADEMIC – VICTORIA UNIVERSITY OF WELLINGTON AUTHOR – TALL, MEDIUM, M.A.D.



20 years lecturing in Architecture and Construction 75 articles and papers published 1 Solar Decathlon (right) USA + back Relevant Experience in Apartment buildings: Willis St, Wellington Wakefield St, Wellington Frederick St, Wellington Oriental Parade, Wellington Halsey St, Viaduct Harbour, Auckland Townhouses in Ngarara, Waikanae Kainga Ora + KiwiBuild housing in Auckland Lives in an apartment building I designed Built own apartment + Built own bach (Grand Designs NZ)

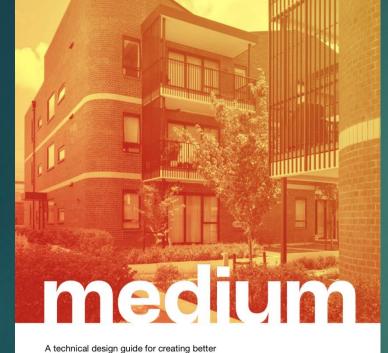
FIRST LIGHŤ



# medium is the message

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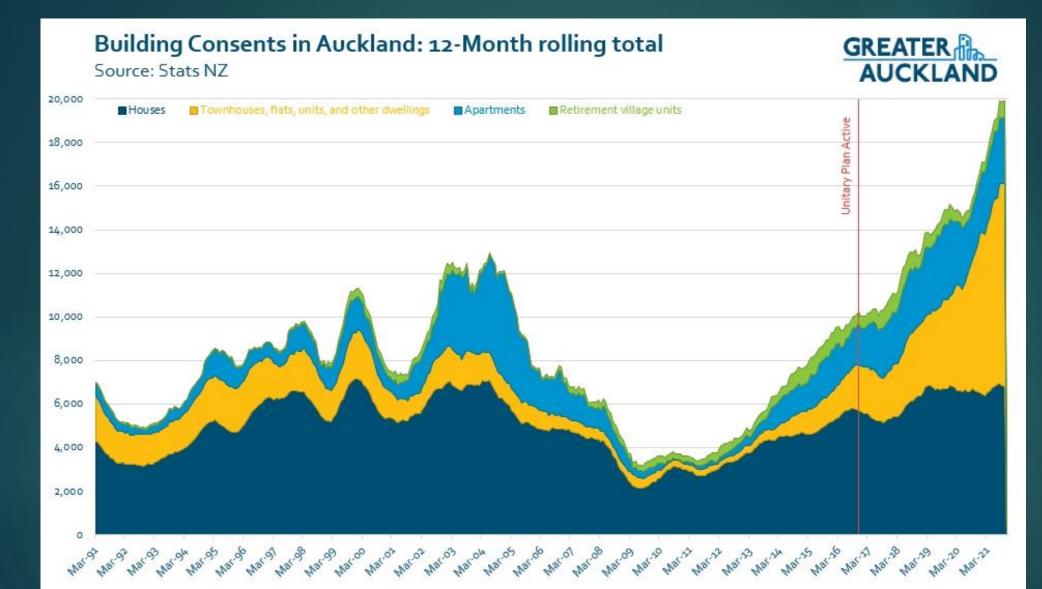
Guy Marriage



medium density housing in Aotearoa New Zealand

E





### Apartments

### ← Townhouses

← Houses

### Building Consents to 2021

### medium density housing:

- 3-6 storeys tall
- 40+ dwellings/hectare
- Reliant on quality intertenancy walls and floors
- Needs common outdoor

space

• Needs great master builders!



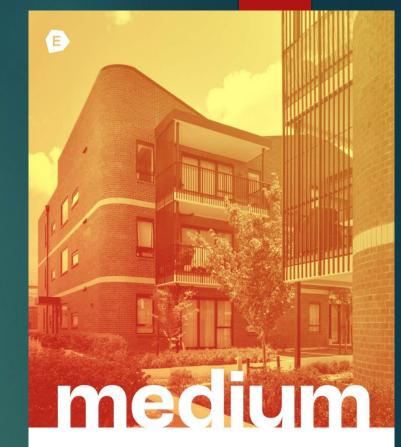
A technical design guide for creating better medium density housing in Aotearoa New Zealand

Guy Marriag

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medium density housing:
not really catered for in NZBC
need to move away from
3604

standard timber house
solutions no longer appropriate
new wall and floor systems
new rules for services too



A technical design guide for creating better medium density housing in Aotearoa New Zealand

Guy Marriag

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Foreword 1

### Introduction 3

### PLAN

Issues

MDH? | 16

privacy) | **19** 

### **Your Guide**

To guide you through Medium each chapter has a corresponding colour.

### Chapters

- Why MDH?
- 2 Issues
- 3 Variety
- Community
- Circulation
- 6 Living
- **Construction Materials** 7
- 8 Inter-tenancy Floors
- Inter-tenancy Walls
- 10 **External Façade Walls**
- £ Roofs
- 12 Services
- Bernoulli Gardens
- 14 340 Onehunga
- 15 Altair
- **One Central**
- 17 Conclusion

### Why MDH? What is medium density housing (MDH) and why do we need it? | 6 Looking back at NZ's history of MDH 11 How can MDH provide solutions to NZ's housing affordability issues? | 13 What actions have government taken to increase housing density? | 15

What are the biggest issues facing

architects when it comes to designing

What do residents most value in their medium density homes? | 18

What are the key issues raised by

housing specialists? (Including site

planning, security, defensible space and



### Community

3

Variety

DESIGN

How do boundaries and circulation recreation and social spaces shape MDH living? | 38

How can we design better, more liveable

Why we need a low carbon future | 26

What exactly is the missing middle? | 31

How high can MDH cities be? | 28

medium density housing? | 24

How can you make the most of landscape, typography, hydrology and vegetation in MDH design? | 40

What roles do carparks and public transport play in MDH developments? | 43

How to avoid low quality outcomes for MDH design | 44

### 5

### Circulation

The importance of planning and orientation to the sun | 46

Designing entrance lobbies, accessways, stairs, lifts and corridors | 51

Considering flexibility of spaces, storage and garage design for MDH | 54

### 6

Living The design of key interior living spaces: living room, kitchen, dining room, bedrooms and bathrooms | 56

The role balconies and decks play in MDH design | 63

How to minimise overheating in MDH | 65

### BUILD

floors and inter-tenancy walls.

### **Construction Materials** Performance 68

Traditional or cutting edge? Discussing structure, prefabrication, inter-tenancy

### Materiality 71

Building materials including timber frame, steel frame, brick, block, precast concrete, cross laminated timber and autoclaved aerated concrete.

### Industry Solutions 74

- 7A Hold-down solutions
- **7**B Steel framing 7C Cross laminated timber (CLT)

and isolation.

### **Inter-tenancy Floors** Performance 82 Acoustics, the science of sound, muffling

### Materiality 85

Inter-tenancy floors using timber framing, cross laminated timber, concrete and multi-layered construction systems.

### Industry Solutions 88

- 8A Floating acoustic floor Flat sheet flooring system **8B**
- Parallel laminated timber (PLT) **8C**
- 8D Timber-concrete composite
- 8E Metal deck for concrete floors
- 8F Suspended ceiling system

### 9

### **Inter-tenancy Walls** Performance 102

### Acoustic success and failure Materiality 105

Twin wall timber or steel framing, concrete panels, cross laminated timber, multi-layered construction systems and prefabricated structural systems.

Autoclaved aerated concrete

### Industry Solutions | 108

9A Plasterboard 9B

9C

**9D** 

### 10

### **External Facade Walls**

Performance | 118 Cladding systems and structure. Windows, insulation, weathertightness, cavities, control layers and underlays.

### Materiality 123 SIPS and other systems

Industry Solutions | 130

- 10A Windows 10B Insulation
- 10C Underlays 10D Rigid air barrier
- **10E** Rigid air barrier
- **10F** External insulation
- **10G** Terracotta cladding **10H** Fibre cement cladding
- **10** Fibre cement cladding
- 10J Clay brick veneer
- **10K** Aluminium weatherboard
- 10L Balustrades

11

### Roofs

### Performance | 156

Cold vs warm roofs, skillion, flat and membrane roofs.

### Materiality | 161

Roof gutters, waterproof decks, roof penetrations and party wall junctions.

### Industry Solutions | 164

**11A** Cold roof system **11B** Cold roof ventilation **11C** Warm roof system 11D Roof garden system 11E Deck jacks



### Services

Performance | 176 Lighting, plumbing and drainage, stormwater, and gas. Heating, cooling and ventilation.

### Ventilation for MDH | 189

Selecting the right ventilation system

### Industry Solutions | 192

- Permanent formwork concrete wall Ventilation 12A 12B Non-acoustic drainage
- Concrete-steel interlocking panels **12C** Acoustic drainage 12D Lifts

### RUIIT

### **Bernoulli Gardens**

pleasant courtyard.

340 Onehunga

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long life material selection.

Case Study 03 213

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Altair

courtvards.

**One Central** 

Christchurch.

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### Case Study 01 201

An Ockham development in Hobsonville Point that features five blocks of

An NZ Living development in Onehunga,

Auckland, with strong design features

including one big long simple roof and

An infill project in Newtown, Wellington,

A quality townhouse development on

the edge of the East Frame in central

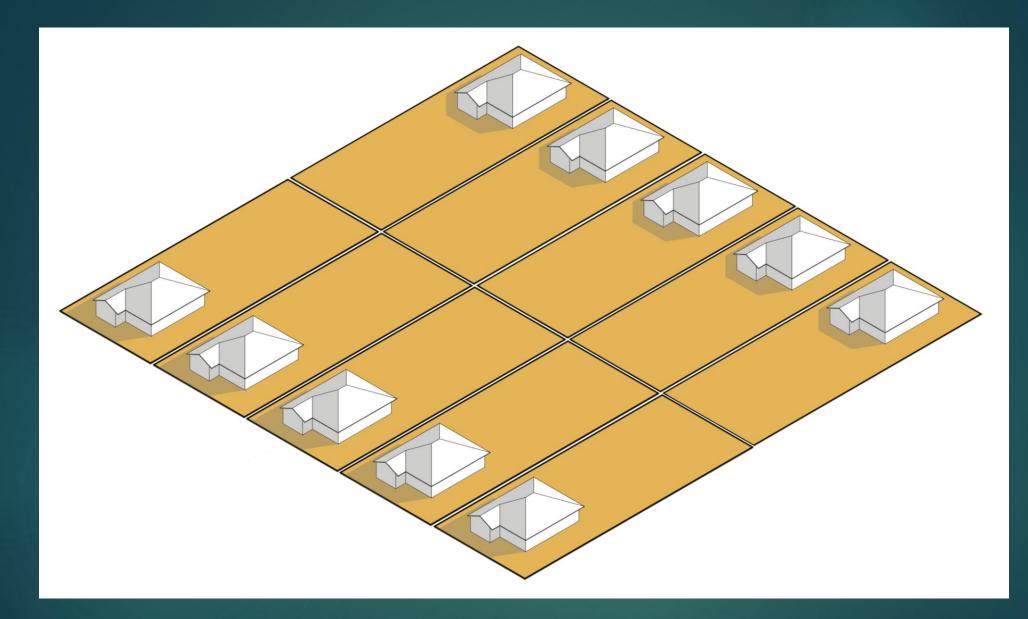
woven around two small green

with several small blocks of townhouses,

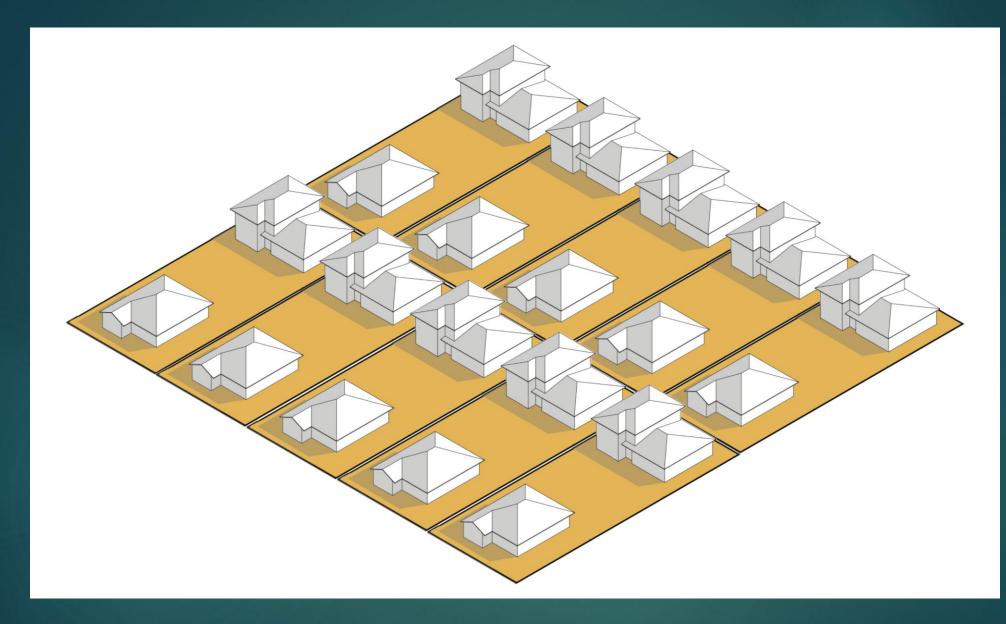
apartments assembled around a



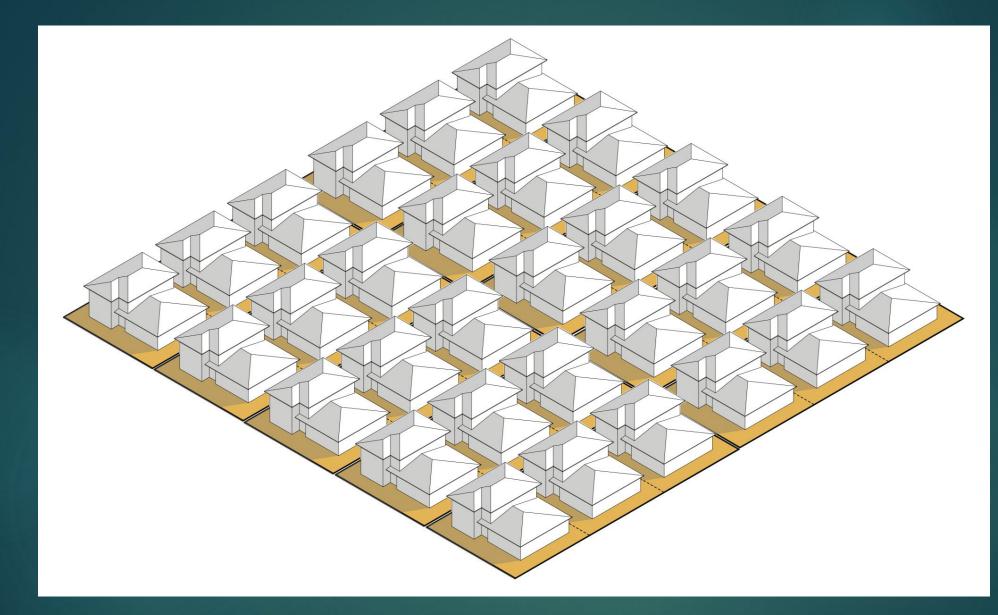
### Background story behind the book



### 10 dwellings per hectare = outdated

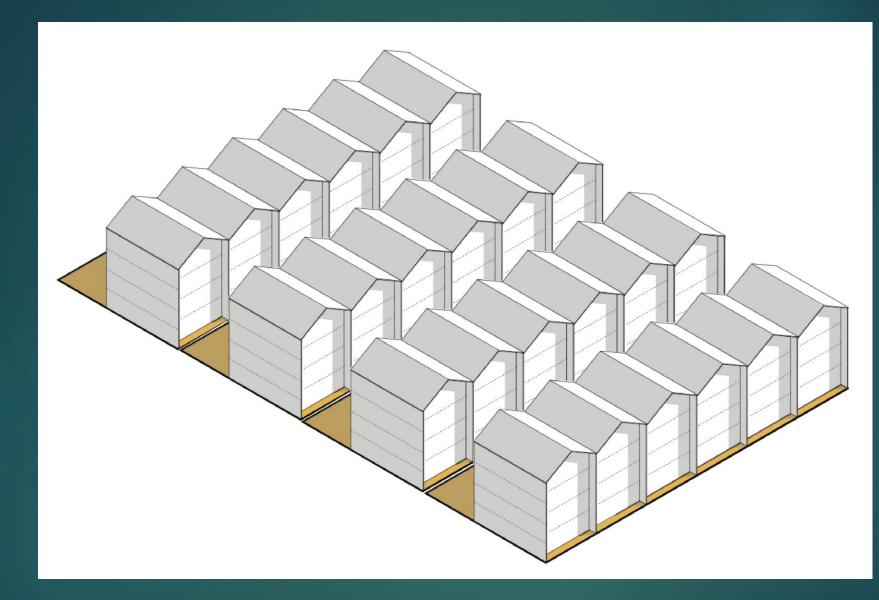


### 20 dwellings per hectare



And probably: No on-site parking either

### 30 dwellings per hectare = low-to-medium



6 sites per quarter acre site

168m<sup>2</sup> per site

4 apartments per site

Each apartment = 84m<sup>2</sup>

Good two-bed size – still only 50% site coverage

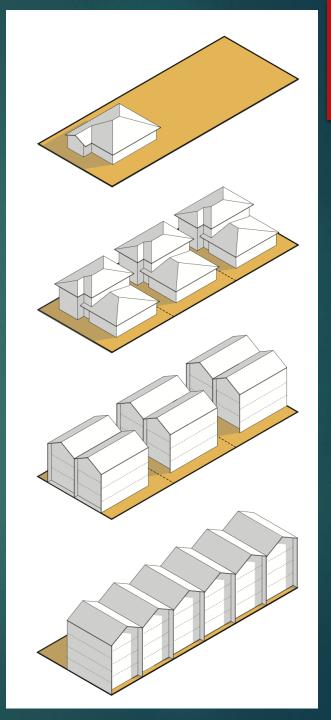
### 250 dwellings per hectare = medium $\rightarrow$ high

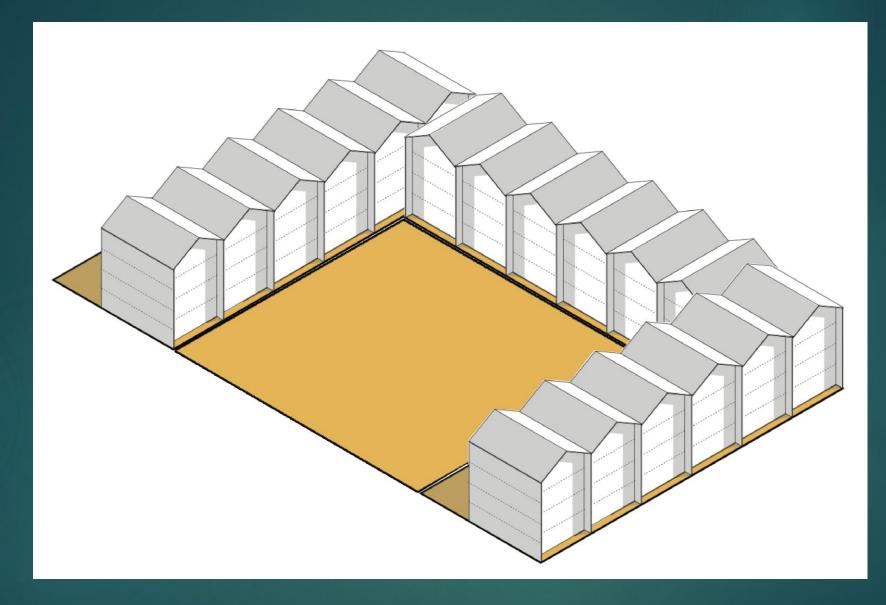
### No more this $\rightarrow$

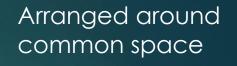
### Not the answer $\rightarrow$

### Yes to tall townhouses $\rightarrow$

### Definitely apartments $\rightarrow$







### 180 dwellings per hectare = medium



Arranged around well-planted, sunny, common space

Chapter 4 **COMMUNITY** By Hannah Hopewell

### 180 dwellings + Gardens = Homes

### Soho Square, Westminster, London



Kensington and Chelsea, London

Arranged around well-planted, sunny, central courtyard or public square, ie. common space

Arranged around street living, sunlight, pleasant local neighbourhoods

### New York + Paris





# DESIGN

Design advice

### Design Factors to Consider Table 3.2

Density level	Storeys	Approx. height	Lifts	FRR without sprinklers	FRR with sprinklers	Fire Engineer	Wind Report	Urban Design Report	
high	11+		required	60	30	required	required	recommended	
high	10	30m	required	60	30	required	required	recommended	
high	9	27m	required	60	30	required	required	recommended	
high	8	24m	required	60	30	required	required	recommended	
medium-high	7	21m	required	60	30	required	required	recommended	
medium	6	18m	required	60	30	required	required	recommended	
medium	5	15m	required	60	30	required	required	recommended	
medium	4	12m	required	60	30	required	required	recommended	
low-medium	3	9m	voluntary	n/a	voluntary	n/a	n/a	n/a	
low	2	6m	voluntary	n/a	voluntary	n/a	n/a	n/a	
low	1	3m	n/a	n/a	voluntary	n/a	n/a	n/a	

### Density factors

### **Material Factors to Consider**

Table 3.3

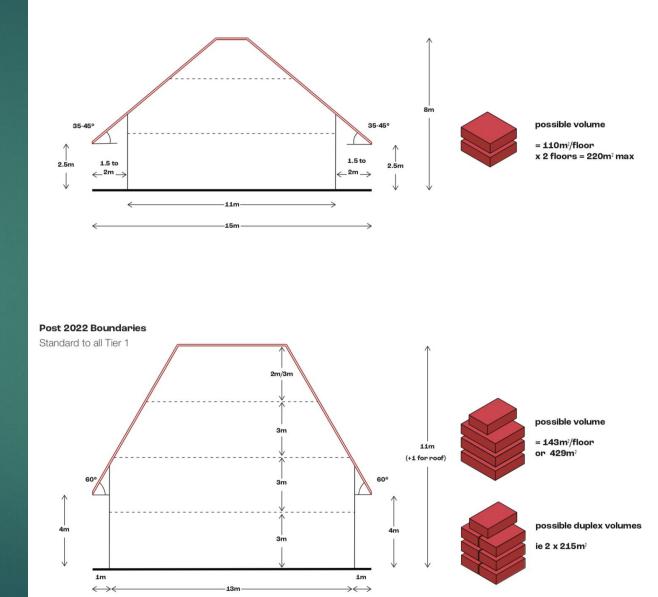
Density level	Storeys	Approx. height	Light timber frame	Concrete block masonry	Insitu and precast concrete	Structural steel frame	CLT	Plywood panels	SIPS
high	11+				recommended	recommended	possible		
high	10	30m			recommended	recommended	possible		
high	9	27m			recommended	recommended	possible		
high	8	24m			recommended	recommended	possible		
medium-high	7	21m		allowed	allowed	allowed	recommended		
medium	6	18m		allowed	allowed	allowed	recommended		
medium	5	15m		allowed	allowed	allowed	recommended		
medium	4	12m	SED	allowed	allowed	possible	recommended	allowed	allowed
low-medium	3	9m	allowed	allowed	allowed	portals	possible	allowed	allowed
low	2	6m	allowed	allowed	possible	portals	possible	allowed	allowed
low	1	3m	allowed	allowed	possible	n/a	n/a	allowed	allowed

### Material factors

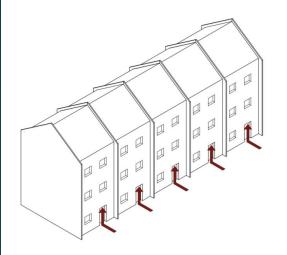
- $_{\cup}$  Existing rules  $\rightarrow$  Proposed change
- $\cup$  1 house only  $\rightarrow$  3 houses
- U Max height 8-10m  $\rightarrow$  max height 11-12m
- $\cup$  2.5m height at boundary  $\rightarrow$  4m + 60°
- $\cup$  Front yard 3m  $\rightarrow$  Front yard 2.5m
- $_{\rm U}$  Side yard 0m  $\rightarrow$  side yard 1m
- $_{\cup}$  Site coverage max 50%  $\rightarrow$  no change
- $\cup$  (Porirua & Hutt will change from 35→50%)
- □ Impervious coverage  $\rightarrow$  to be 60%
- Outdoor Living Space Ground floor 20m<sup>2</sup>
- $\cup$  Outlook Space  $\rightarrow$  4m x 4m space living
- $\cup$  Outlook Space  $\rightarrow$  1m x 1m bedroom

### Pre 2020 Boundaries

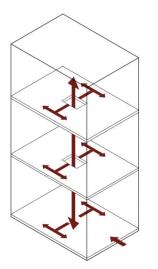
(varied according to Council) Useable volume of space was heavily restricted



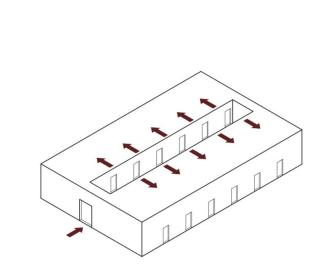
Access Routes Figure 5.3



Horizontally adjoining Vertical, internal, contained circulation routes

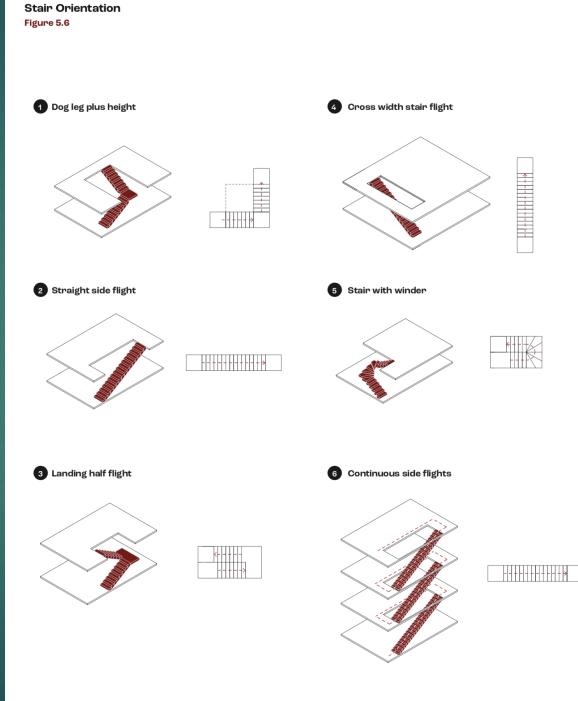


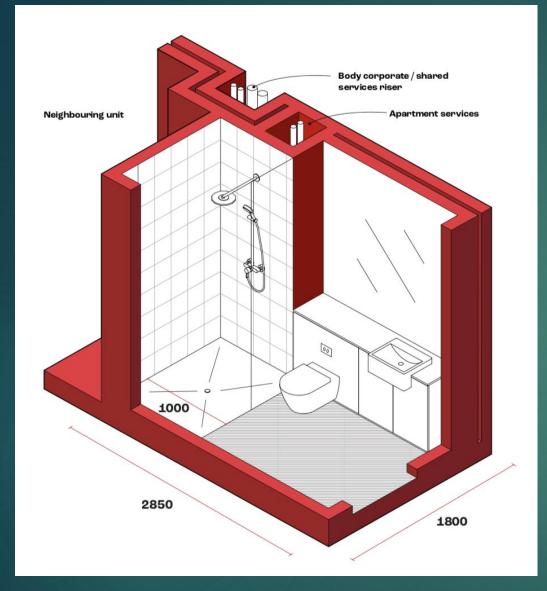
Apartment buildings Central access core with combination of both vertical and horizontally adjoining properties Vertically adjoining horizontal gallery access
- Single sided
- Privacy concerns

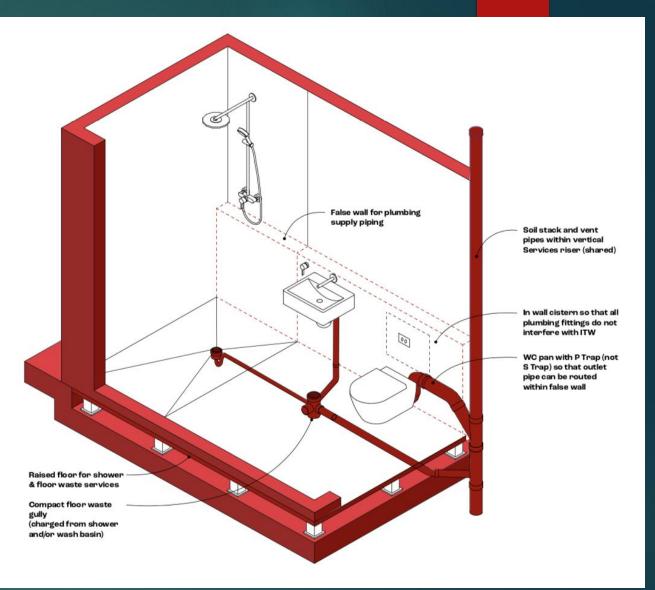


**Double-Loaded internal corridor** 

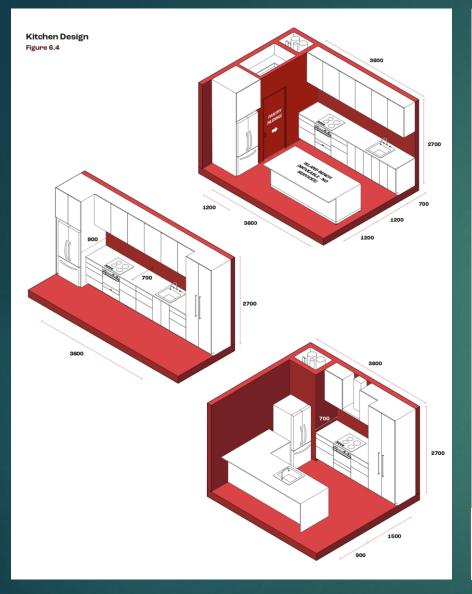
Hotels/Apartments

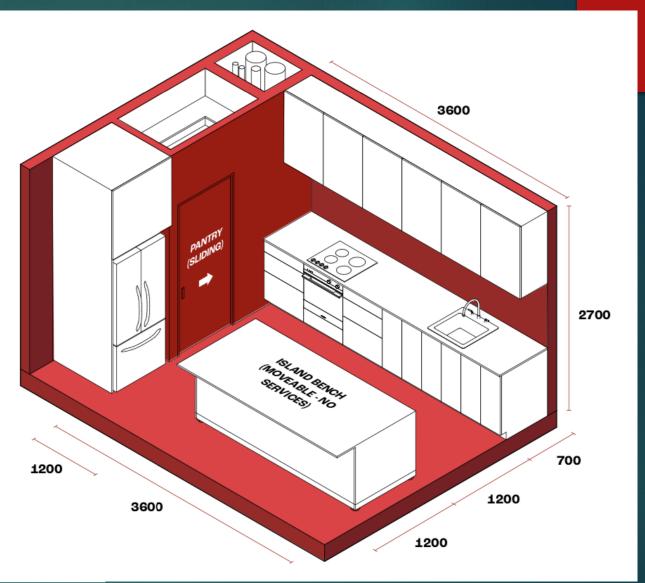




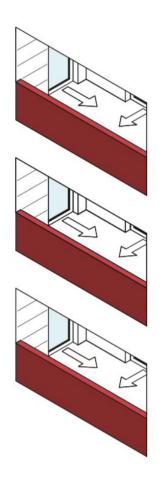


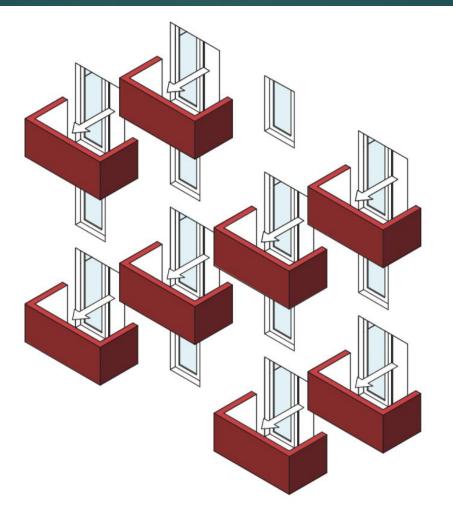
### Bathroom design

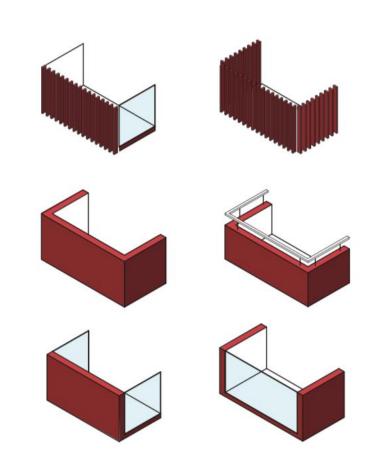




### Kitchen planning







**Fully recessed** 

Fully projecting and alternating

**Balustrade variations** 

### Balcony variations



### Details and materials and systems

### Overview

88

- The system is a lightweight timber construction fire and acoustic inter-tenancy flooring system. The floor system uses two layers of Strandfloor<sup>®</sup>, the first layer fixed to the timber or steel floor joists and the second layer fixed into wooden battens over a rubber oradle creating a floating floor (Batten & Oradle<sup>¬M</sup>). The system
- also offers solutions for timber joist, CLT and concrete slabs as an overlay in new and existing builds. The system is ideal for
- inter-tenancy floors in apartments, multi-unit residential, hotels, healthcare, retail, mixed use and office complexes.
- Strandfloor® is a 20mm thick sheet with strands of wood pressed together under heat and pressure, that can also be treated to
- H3.1. Sheets can be specified as square edge or can include a polypropylene tongue for tongue & groove (T&G) fixing (T&G only used on the Batten & Cradle<sup>TM</sup> layer).

### Application

With the growth of medium to high density residential housing, there was a need for an alternative wood-based solution that would address the issue of midfloor acoustic noise in multi-level tenancy buildings.

- Acoustic performance of STC 65 / IIC 56 meaning there is less noise in adjoining rooms/areas. The acoustic performance values are tested on a raw floor (no floor coverings). Improved
- acoustic performance is achieved with installation of floor coverings, refer to GIB<sup>®</sup> Noise Control Manual, GBDFA 60e
  - Fire performance of FRR 60/60/60 tested by BRANZ (Appraisal 394)
- StrandfloorH3.1<sup>®</sup> provides a wet area solution
- Concentrated load of 3.6kN and uniform distributed load of 4kPa (office and retail loadings as defined in AS/NZS 1170) providing concentrated or even weight distribution
- Strandfloor® is lighter than comparable solutions
- Strandfloor® & StrandfloorH3.1<sup>®</sup> engineered wood panels do not require specialist cutting equipment
- Multiple sheet sizes available 3600 x 1200mm and 2400 x 1200mm
- Battens can be up to 190mm to allow for services in Batten &

91

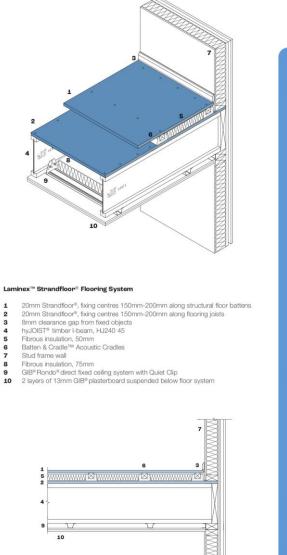
Cradle™ cavity – an advantage for CLT construction

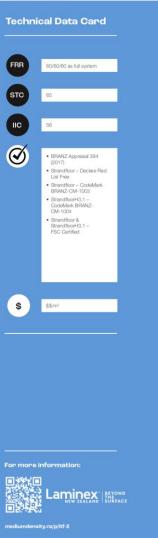
Refer to website for further technical information and CAD files

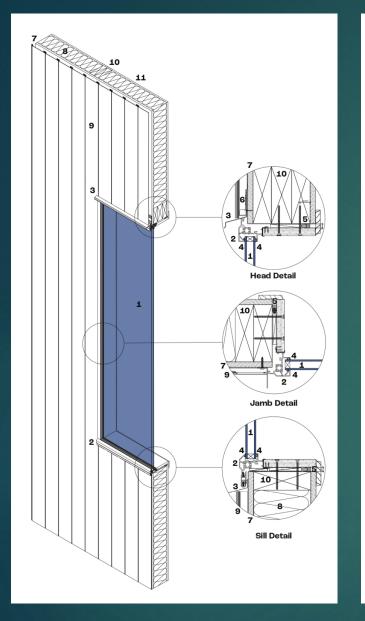
### Industry Solution 8B

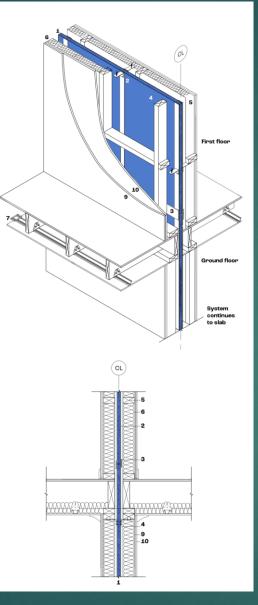


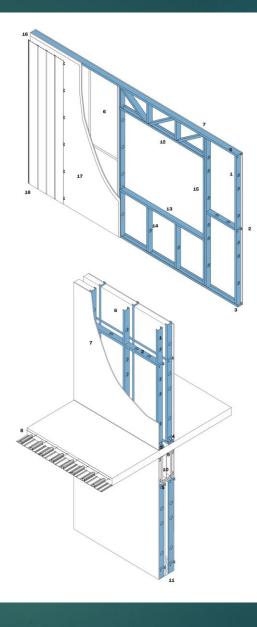
- The system is lighter than comparable solutions such as concrete & steel construction or fibre cement solution
- Sheets are lighter and easier to handle
- Easy to install, less complicated than other types of systems on the market
- Does not require specialist cutting equipment, can cut on site with standard carpentry tools, no silica dust management on site required if compared with fibre cement solution
- Lightweight timber frame construction has advantages over heavier systems in certain ground conditions
- To future proof installations during renovation work, acoustic performance can be achieved with no refiance on carpet or acoustic underlay, especially if hardwood flooring or tiles are used

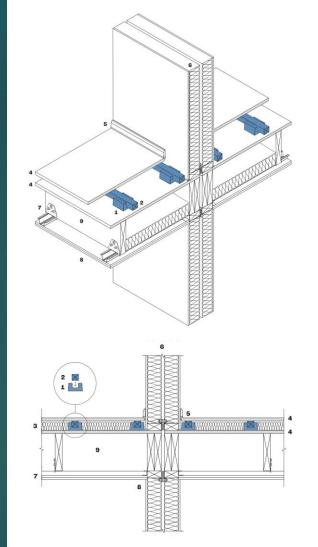












### Batten and Cradle<sup>™</sup> System with Timber Joist Framing

- Batten & Cradle™ Acoustic Cradles at 450mm max. centres 1
- Batten & Cradle™ Flooring Systems-approved structural battens, 400mm max. centres Acoustic insulation 50mm when utilising 40mm x 42mm structural battens 2
- 20mm Strandfloor® 4

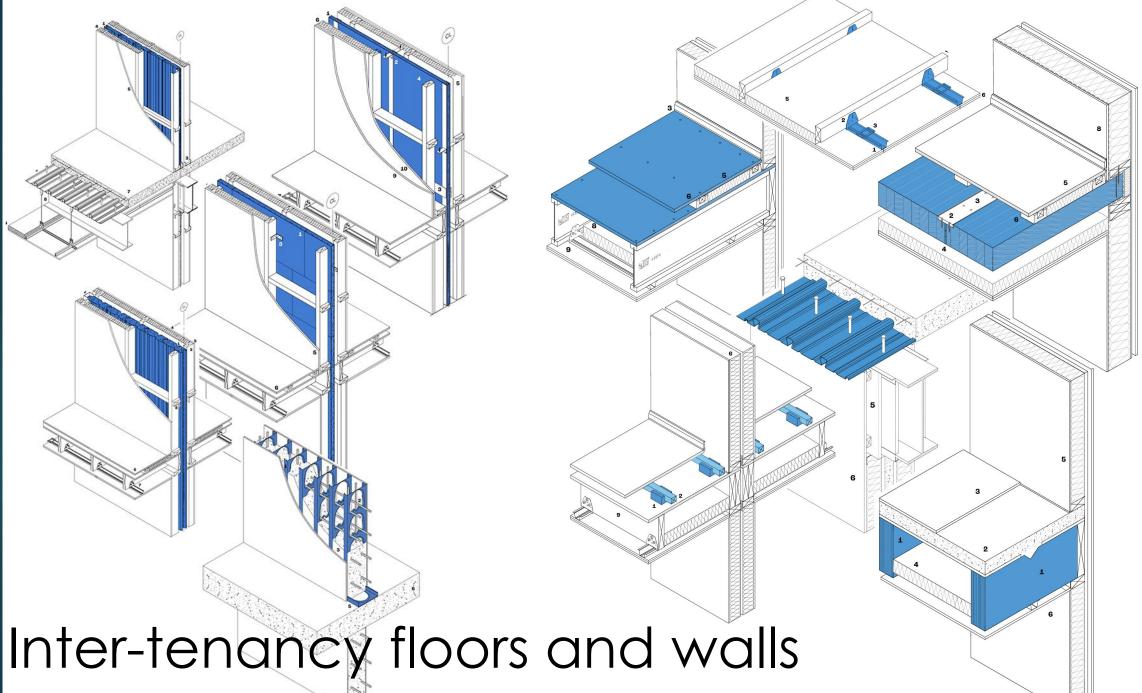
3

6

7

- Acoustic sealant, 5-8mm 5
- ITW Stud frame wall
- GIB® Rondo® direct fixed ceiling system with Quiet Clip
- 2 layers of 13mm GIB Fyreline® 8
- 9 Timber joists, 600mm max. centres

### Industry Solutions





### Ventüer MEV Mechanical Extract Ventilation

- \$
- A Outdoor air supplied via opening windows
- B Kitchen area extracted via rangehood
- C Bathroom zone extracted via bathroom fan

### Ventüer BPV Balanced Pressure Ventilation

### \$\$

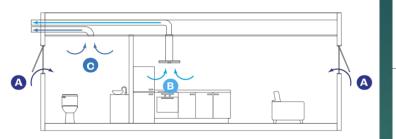
- A Outdoor air introduced via supply air fan
- B Kitchen area extracted via rangehood
- Stale air drawn out via extract fan at the same rate as outdoor air is being supplied

### Ventüer MVHR

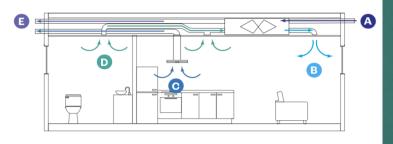
Mechanical Ventilation with Heat Recovery

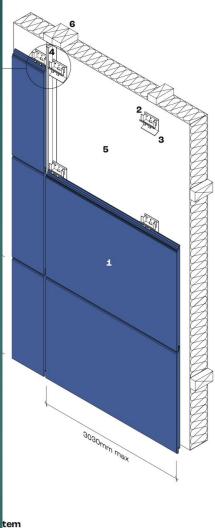
### \$\$\$

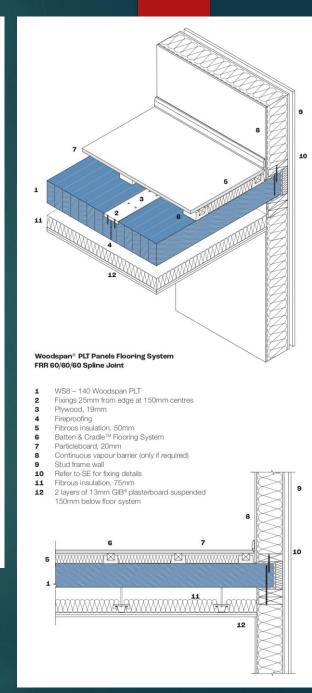
- Outdoor air drawn into heat exchanger and passed over outgoing air stream
- B Pre-heated fresh air introduced to indoor space
- C Kitchen fumes extracted via rangehood and dedicated duct
- Outgoing warm, moist air is extracted from bathrooms and other zones and passed through heat exchanger
- (E) Outgoing air streams exhausted to exterior of building











### 30+ Industry Solutions



### Case Studies – Auckland, Wellington, Chch



Case Studies – Bernoulli Gardens (Auck), 340 Onehunga (Auck), Altair (Wellington), Latimer Terraces (Christchurch).

### medium density housing needs:

- target how to create good MDH
- excellent design advice
- new Acceptable Solutions aimed at MDH
- higher construction quality standards for building MDH
- better systems for inspection and certification



A technical design guide for creating better medium density housing in Aotearoa New Zealand

Guy Marriag

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### TALL & M.A.D. @ Unity Books / Vic Books

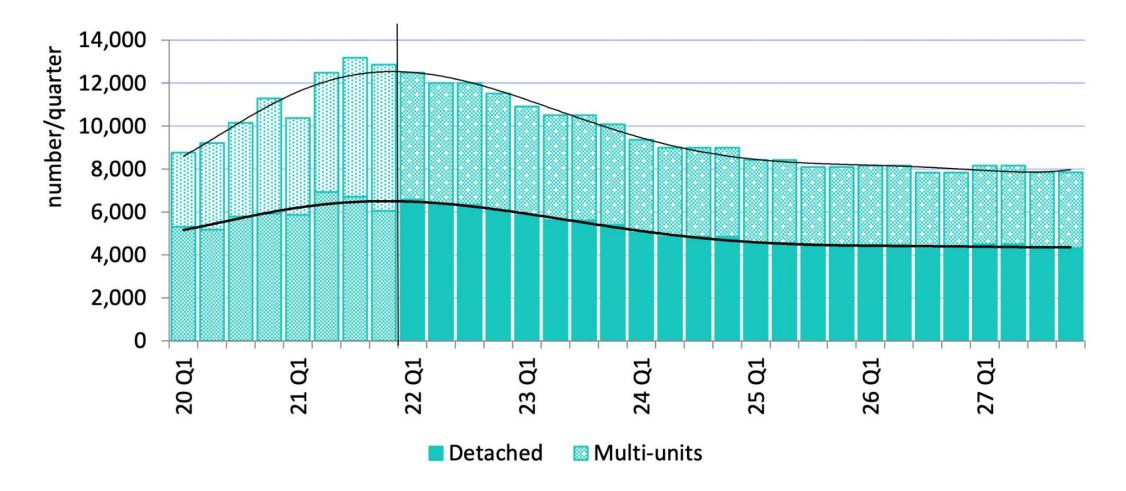
# Thank you

ANY QUESTIONS?

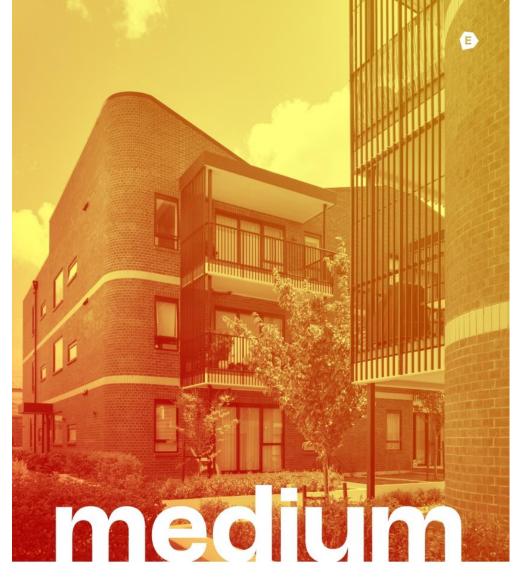








Source: BRANZ



A technical design guide for creating better medium density housing in Aotearoa New Zealand

**Guy Marriage** 



### SCAN HERE







### Contact

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