

## Join us in fundraising for the Long Lap

We are keen to see how far all Master Builders can go in supporting MATES in Construction's Long Lap fundraising campaign to raise awareness and support for mental health.

The challenge? Track your workout distances throughout April and aim to collectively cover 15,000 kilometres — the equivalent of five laps of the country.

### How to sign up

Want to join us in the Long Lap? Register yourself under the Master Builders organisation on the Long Lap website. You'll be asked to sign up as an individual and, after that, you can choose to also create a team (eg, in the name of your company, or Master Builders branch).

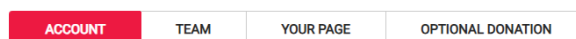
### Step one

Go to the Master Builders organisation page on the Long Lap website:

<https://www.mateslonglapnz.net.nz/fundraisers/masterbuilders>

### Step two

Click the JOIN US button (in the middle of the webpage). This will take you to the signup page:



### JOINING ORGANISATION MASTER BUILDERS

[I'd rather just register as an individual](#)

### Step three

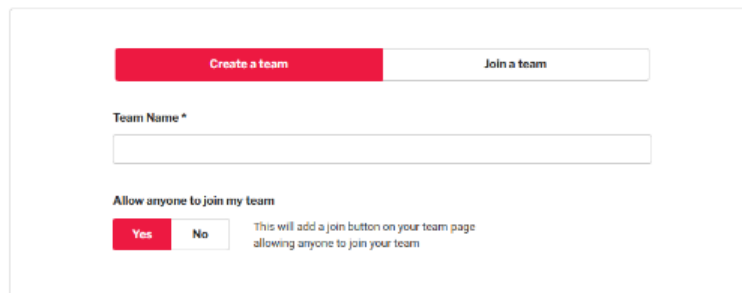
Enter the information required, including your personal details, postal address, and company details. Click the NEXT STEP button.

## Step four

Follow the prompts to get your individual fundraising page set up. **There is a \$40 registration fee.**

If you just want to register as an individual, you're all set. If you want to create or join a team, continue following the prompts. You'll then be able to share a link to your team page, to invite others to join you.

### JOIN YOUR TEAM



The screenshot shows a web form titled "JOIN YOUR TEAM". At the top, there are two buttons: "Create a team" (highlighted in red) and "Join a team". Below these is a text input field labeled "Team Name \*". Underneath is a section titled "Allow anyone to join my team" with two radio buttons, "Yes" (selected) and "No". To the right of these buttons is a small text note: "This will add a join button on your team page allowing anyone to join your team".

Need a hand registering?

If you need help please email [events@mates.net.nz](mailto:events@mates.net.nz)